



Public Newsletter #1

November 2023

Welcome to the First edition of SMILE's Newsletter to share with you our latest news and keep you updated on SMILE activities.

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Enjoy reading!



This work has been funded by the European Union within the project SMILE, Grant Agreement No 101080923.

SMILE

Project Information

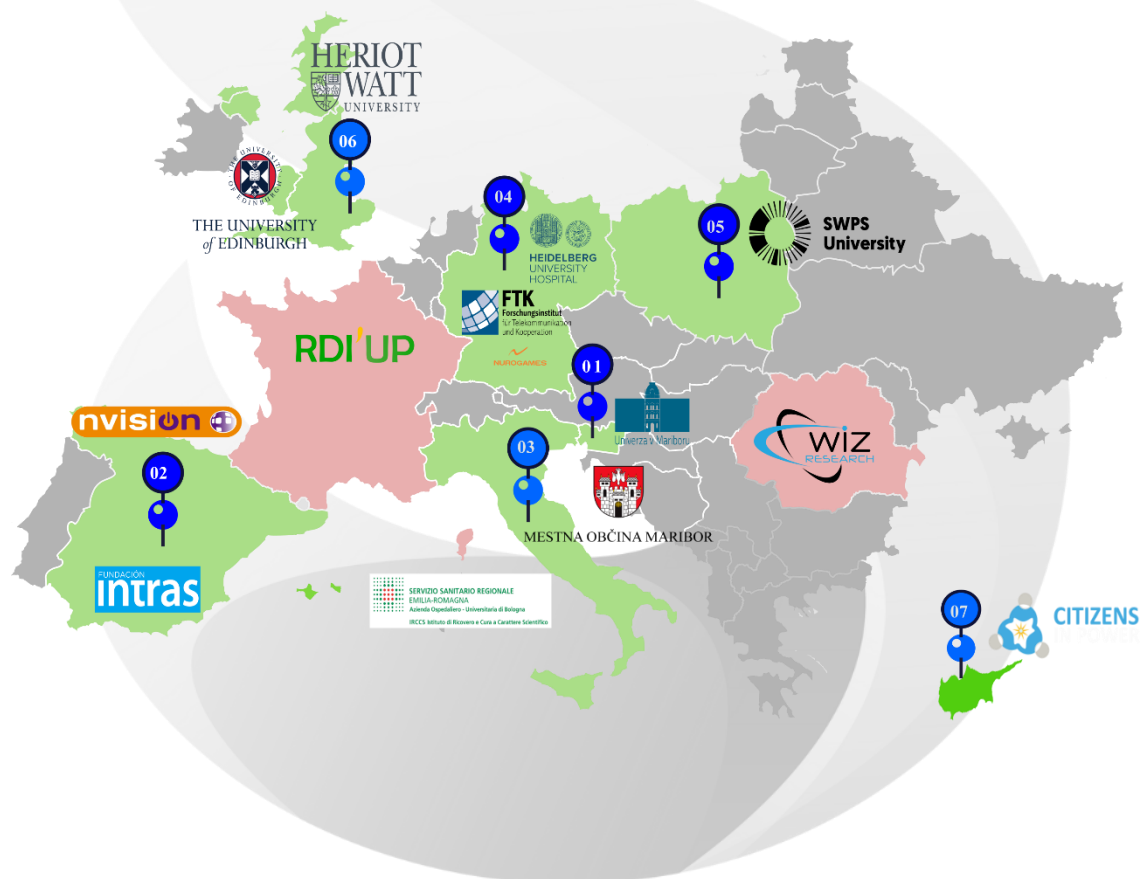
Budget: 6 018 376.25€

Start date: 1 May 2023

End date: 31 October 2026

Duration: 42 months

Partners: 14 from 9 countries



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Kick-Off Meeting 🇩🇪

Embracing New Horizons: SMILE Project Kicks Off in Style!



We are thrilled to announce the successful [#kick-off](#) event for our Horizon [SMILE Project](#) 🎉, hosted by our valuable partner [#FTK](#). This momentous occasion took place in the vibrant city of [#Dortmund](#) 🇩🇪 on May 30th and 31st, 2023.

The [#kick-off](#) event was more than a gathering, it was a remarkable milestone that marked the commencement of our transformative journey. All our [#partners](#) came together 🤝 infusing the event with enthusiasm and shared commitment to our mission.

During the two-day meeting, our [#partners](#) seized the opportunity to get to know each other, foster collaboration, and delve into discussions that will shape our project's trajectory. This includes the project overview, administrative intricacies, the workplan, use case perspectives, and the 8 Work Packages 🌟

Our project stands out with its bold embrace of [#gamification](#) 🎮 as a groundbreaking approach to addressing mental health. It's an innovative concept that holds great promises.

The [#kick-off](#)'s resounding success 🎉 sets the stage for a remarkable journey ahead. Our ambitious mission to enhance mental health and well-being is now in full swing ✨



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The SMILE project website is Live 



Your gateway to SMILE mental health initiatives: Stay informed!



[Project](#) [Partners](#) [Work Packages](#) [Contact](#)

SMILE: A platform for strengthening the mental health of young people

(Original: SMILE: Supporting Mental Health in Young People: Integrated Methodology for cLinical dEcisions and evidence based interventions)

We are delighted to introduce our [SMILE project website](#) , your gateway to a world of transformative mental health initiatives across Europe 


Discover how we are advancing mental health and wellbeing as we work together to break the cycle of trauma. Our website is a treasure trove of valuable information, including details on our initiatives, research, and upcoming events.

Your official source is just a click away. Don't miss out on this incredible resource & explore the SMILE website now  <https://www.horizonsmile.eu/>







Our project website will be the main source of relevant information and project results, all of which will be available for download.

Discover SMILE: A video introduction to our project

Engage with our project through captivating videos!

Our [consortium](#) is happy to present our engaging animated promotional video on YouTube  offering a general presentation and introduction to our project.

You can watch the video here  <https://www.youtube.com/watch?v=ynCZlfs2lbo>

But that's not all! We've gone the extra mile to ensure that our project is accessible to a global audience. We've translated this video into multiple languages, including [German](#)  [Greek](#)  [Italian](#)  [Polish](#)  [Slovenian](#)  and [Spanish](#) 

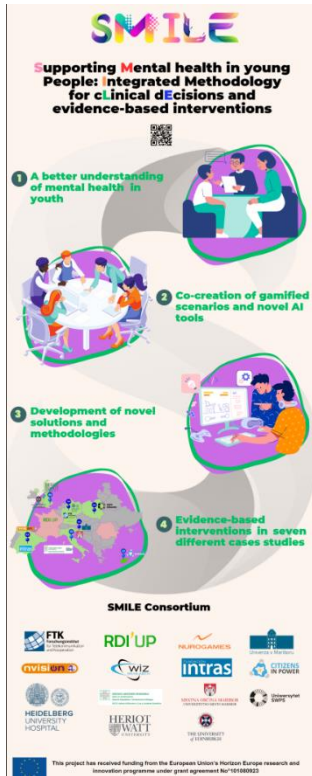
Share these videos within your network and let's come together to make a positive impact!




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SMILE Communication Materials



Dive into the SMILE Communication materials!


 The SMILE [consortium](#) created a wealth of communication materials designed to inform and engage our diverse audience.

These communication tools are instrumental in conveying the essence of the [SMILE project](#). Whether you seek a quick glance to grasp the highlights or a deep dive into our work, these materials cater to your needs ✨


Here's a sneak peek into what awaits you. Unveil the power of our communication arsenal and explore these materials: [Flyer](#), [Depliant](#), [Factsheet](#), [Roll-up](#).

Dissemination, Communication, and Exploitation Plan

Our SMILE DCE plan is now ready to take centre stage!

In the heart of Work Package 8 , we are thrilled to present a cornerstone of our [SMILE project](#), the Dissemination, Communication, and Exploitation (DCE) Plan!

This strategic blueprint is paving the way to SMILE success. It is more than a mere plan, it's the guiding framework that will shape our DCE activities throughout the project's lifespan.

The DCE plan lays out the detailed structure of how we plan to engage, inform, and maximise the impact of our initiatives. This Plan is guided by the overarching objective of amplifying the project's reach and creating a lasting impact 

[#RDIUP](#), in close collaboration with [#CIP](#), will oversee the overall management and support of

Project Number: 101080923
Project Acronym: SMILE



Horizon Europe Programme
Research and Innovation Action

This project has received funding from European Union Horizon Europe programme, under Grant Agreement N°101080923

Start date of project: 1st May 2023

Duration: 42 months

D8.1 Report on Communication engagement, dissemination and exploitation plan

pg. 1



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activities defined in the Plan 🍌

SMILE Trainings 🎓

Empowering minds through SMILE Trainings!

At the core of our [SMILE project](#) lies our unwavering belief that knowledge is the key to unlocking potential. Our mission is clear: to empower minds, and the SMILE training initiatives serve as the bedrock that brings this vision to life.

🚀 We are thrilled to share an update on our SMILE project's training sessions.

In a significant leap forward, [#FTK](#) successfully conducted a training session for SAPL on September 15, 2023. This session marks a key milestone and sets the stage for continued progress within our project. The knowledge and skills acquired during the SAPL training session are not merely assets, they are the bridge that connects us to project success.

The horizon holds even more promise with more demo sessions on the way. Stay tuned for updates on the upcoming sessions.

SMILE Project: BBC Radio Spotlight 🎙️

SMILE Shines on BBC Radio Scotland!

In an thrilling turn of events, Mel McKendrick from [Heriot-Watt University](#), a valued [#partner](#) in the [SMILE Project](#), took the stage on [BBC Radio Scotland](#)'s Good Morning Scotland Program 🎙️

This interview served as a platform to spotlight the SMILE project's potential and delve into the innovative realms of [#gamification](#) 🎮 and [#digital solutions](#) 📱, poised to disrupt the landscape of youth mental health support.

Step into the discussions that unfolded during this conversation by listening to the full Interview here 👉 : <https://www.bbc.co.uk/sounds/play/m001mbxh> (expired)

Dr Mel McKendrick from Heriot-Watt University explains:

“Digital transformation has been heralded as one of the greatest achievements of recent times but as psychologists, clinicians, parents and individuals, we’re still exploring its impact. This study will examine stress from digitalisation, looking at it from the user’s perspective to better understand changes in mental state, treatment and self-management. It is difficult for clinicians to monitor fluctuations in mental health and therefore accurately diagnose conditions in some cases. Meanwhile, services are at breaking point. We want to create innovative methods using gamification to better inform ways to support young people living in Scotland initially before helping to shape wider work across the UK.”



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This interview is a resounding testament to the groundbreaking work being done within the [SMILE project](#) and the potential in reshaping the landscape of youth mental health support.

SMILE News Articles

Spotlight on the SMILE Project: Revolutionising Youth Mental Health

In a groundbreaking turn of events, our partner, [Heriot-Watt University](#), has ignited a fascinating discourse, catapulting the ambitious [SMILE Project](#) into the limelight.

These pioneering articles are drawing the media's gaze and have garnered attention from various reputable sources, including:

[The Independent](#), [The Standard](#), [Aberdeen Live](#), [Scottish Daily Express](#), [Irish News](#), [Express & Star](#), [Ireland Live](#), [MSN](#), [STV News](#), [News NCR](#), [Medical Device Network](#), [Psychreg](#), [FE News](#), [Digit News](#), [Student Circuit](#), and [The Washington Post](#).

These articles are creating a stir in the media landscape, serving as a catalyst for change. They delve into the intricate relationship between social media, technology, and the mental well-being of young individuals. Moreover, they shine a spotlight on the potential of the [SMILE Project](#) to revolutionise the landscape of youth mental health support.

For more details, we invite you to explore the full articles via the direct links provided in the respective footnotes of each news source.



It's a testament to the innovative and impactful work being done as part of the [SMILE Project](#). A collaboration between psychology and engineering experts, along with cutting-edge gaming technology to monitor the well-being of young individuals in an era dominated by technology.

SMILE Upcoming Events

SMILE Upcoming Training Sessions!



November 2023 promises to be a month filled with opportunities as we gear up for 3 training sessions. These sessions are more than just dates on your calendar! They are gateways to gain invaluable knowledge, enhance your skills, and actively contribute to our mission of reshaping youth mental health support.

 FTK: *Knowledge Management for Evidence-Based Practices* - November 15, 2023 



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Our valued partner [#FTK](#), is all set to present an exhilarating training session that will empower our SMILE community. The focus of this session is on *Knowledge Management for Evidence-Based Practices*, a pivotal component of our project. Don't miss this opportunity to witness the potential of technology in transforming youth mental health support. Mark your calendar and join us!

 Save the Date: November 15, 2023

 RDIUP: *Quiz-Based Recommender System* demo - November 29, 2023 

Our partner, [#RDIUP](#), is thrilled to announce a dynamic training session centered around the *Quiz-Based Recommender System*. In today's digital age, personalized recommendations are a game-changer, and this session will provide you with an understanding of how these systems work. Prepare to be part of this journey!

 Save the Date: November 29, 2023

 WIZ: *Medical Data Management for Hospitals* demo- November 29, 2023 

Our partner [#WIZ](#), is happy to bring you a training session on *Medical Data Management for Hospitals*. In the field of healthcare, efficient data management is paramount, and this session will equip you with the tools and insights to excel in this area.

 calendar: Save the Date: November 29, 2023


Mark these dates and be prepared to engage and embrace the power of knowledge! Stay tuned for further details on how to join these sessions!

SMILE Upcoming Joint Actions!

The horizon of SMILE is expanding as we prepare to embark on an exciting joint venture 🍌 Our first joint meeting is scheduled for early 2024, where we will unite with [MENTBEST](#) project and several other distinguished sister projects.

This collaborative endeavor goes beyond a mere meeting. It's a convergence of minds, expertise, and shared goals. As we join hands 🍌 with [MENTBEST](#) and our fellow sister projects, we aim to elevate the impact of our collective efforts.

We are thrilled to explore new horizons and unlock fresh opportunities through these joint actions.

 Stay tuned for further details, as this is a very fresh development!



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SMILE Contacts

Follow us on social media!



You want more information? Visit our website: <https://www.horizonsmile.eu/>



The journey has only just begun, and we can't wait to share it with you all!



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